

MINNESOTA FINLANDIA COMMUNITY HEALTH SPORTS

presents

19th Annual

MONTEBELLO NITESKI

6K Lighted Trail Classical and Freestyle Night Race
2K Children's Participation Tour

Friday Evening, January 20th, 2017

Montebello Trail

Montebello Trail is located in the city of Bemidji, behind Neilson-Reise winter sports arena.

The 19th annual Montebello Niteski features a 6K race and a 2K kid's tour. The 6K freestyle or classical race course involves 3 laps around the gentle terrain of the lighted trail. The kid's tour will involve one lap. Warming shelter will be available to warm folks both inside and outside no matter what the polar temps are. Come ski, socialize and celebrate the 19th anniversary of Northern Minnesota's lighted ski trail!

The event is free this year.

<p>* Race registration begins at 5:00 p.m. at the warming shelter by trail head</p> <p>* 2K Children's participation tour starts at 6:00 p.m.</p> <p>* 6K classical and freestyle race starts at 7:00 p.m. awards ceremony following</p>	<p>Mail entries to:</p> <p>Minnesota Finlandia Community Health Sports P.O. Box 771 Bemidji, MN. 56619</p> <p>FINLANDIA WEB SITE: www.minnesotafinlandia.com</p>	<p>Awards:</p> <p>* Awards for top female and male finishers in each event.</p>
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Montebello Niteski Registration Form

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Sex: ___ Birthday: _____ Age: _____ Phone: _____

Check One:

6K Freestyle

6K Classical

2K Children's Tour

WAIVER (must be signed to participate)

In consideration of the acceptance of my entry, I, the undersigned, intending to be legally bound for myself, my heirs, executors and administrators, do hereby release any and all sponsors of this tour, and their representatives, successors, and assigns, from any and all liability arising from illness and injuries I may suffer as a result of my training for or participation in this tour. I attest and verify that I am physically fit and have sufficiently trained for the completion of this tour. I also understand and agree that any sponsor may subsequently use for publicity and/or promotional purposes my name and/or photograph of my participation in this event without obligation or liability to me. I also understand that entry fees I pay are not refundable. I have read the foregoing and certify my agreement by my signature below.

Signature _____ Date _____

(Parent/Guardian must sign if entrant is under 18)